



GNLL Covid-19 Safety Protocols-Updated 3/1/2021

The following safety protocols are based on procedures required by the County of Los Angeles Department of Public Health as well as California District 20. Copies of these Protocols will be distributed to all members of GNLL.

- **Participant Protocols**

- Each team/cohort will remain stable with no new players added once the cohort is formed and no more than 3 coaches
 - Players from other teams/cohorts are not permitted to attend or participate
- All players must wear face covering when NOT actively participating in the field of play
- Coaches **MUST** wear face coverings **AT ALL TIMES**
- Physical distancing of **6 feet** between players and coaches is required at all times
- Players are not permitted to sit inside the dugout
- The bleachers nearest to the field entrance will be designated “For Players Only”
 - While sitting on the bleachers, players must maintain physical distancing of 6 feet **and** wear a face covering
- Players and coaches are discouraged from making unnecessary physical contact with one another (for example, high-fives, handshakes, and fist bumps).
- No spitting, eating seeds or other similar products

- **Arrival to Venue**

- **Health Screening**

- Health screenings will be conducted before players and coaches may participate.
 - Check must include:
 - Fever, cough, shortness of breath, difficulty breathing, and fever or chills
 - Whether the person has had contact with a person knowing or suspected to be infected with Covid-19 within the last 14 days
 - Any player exhibiting any of the symptoms of the virus will be asked to leave
- All players and coaches will sanitize their hands before entering the field
 - Hand sanitizing stations will be located at the entrance to each field and behind the backstop at Homeplate
 - Coaches will be responsible for ensuring that all players sanitize their hand before entering the field
 - GNLL will provide hand sanitizing stations for each field
- **Equipment**
 - Players will only be permitted to use their own equipment. This includes bats, gloves, helmets and catchers gear
 - Players are prohibited from sharing water bottles
 - Players must keep their equipment together and hung at least 6 feet away from a teammate's equipment
 - Bags will be hung outside of the dugout on either the first base or third base fence
 - A distance of 6 feet must be maintained at all times
- **Restroom Facilities**
 - Restrooms must be limited to single occupancy.
 - Restrooms will be stocked with hand sanitizer or hand soap where water is available
 - Restrooms will be disinfected frequently, on the following schedule

- Restrooms will be cleaned using cleaning products approved for use against COVID-19 on the EPA approved list “N”.

- **Spectators**

- Spectators must adhere to the six-foot social distancing practices
 - This includes in and around the bleachers for anyone not in the same family
- Spectators must conduct daily symptom assessments
 - Anyone experiencing any Covid-19 symptoms must remain home.
- SPECTATORS MUST WEAR FACE COVERINGS AT ALL TIMES.
- Spectators and family members are encouraged to bring their own seats/ chairs and need to be seated away from the players around the perimeter of the field.
- Spectators are encouraged to wash/sanitize their hands often
 - The league will provide hand sanitizing stations at each field

- **Confirmed Cases**

- If a player, coach, a member of the household of a player or coach has a confirmed positive Covid-19 test, that player or coach must notify the league President and the Head Coach of his/her team via email and telephone call within 24 hours of receiving the positive Covid-19 test.
- If a player, coach, or a member of their household of player or coach has a confirmed positive Covid-19 test, that player or coach will not be permitted back on the fields until at least 10 days have passed since your symptoms first appeared AND at least 24 hours after recovery, which means your fever has resolved without the use of fever reducing medications and there is improvement in your symptoms (e.g., cough, shortness of breath).
- If a player, coach, or a member of a household of a player or coach tests positive for Covid-19 but shows no symptoms, the player or coach must stay home until 10 days after the first positive test
- If anyone in a stable cohort has an exposure to Covid-19, the entire cohort/team will be required to self-quarantine. The cohort we will

remain in quarantine until the person with the exposure has a submitted documentary proof of a negative Covid-19 test.

- Upon notification of a positive Covid-19 test, GNLLL will notify the entire team and all coaches by phone and via email of the possibility that they have been in contact with a person who has a positive test.
- Upon notification of a positive Covid-19 test, the entire team will not be instructed to self-isolate and will not be permitted back onto the fields for 10 days.
- In the event that 3 or more cases are identified within the league within a span of 14 days, the league should report the outbreak to the Department of Public Health at 888-397-3993 or 213-240-7821.

- **Maintenance Protocols**

- Any and all commonly used items will be sanitized regularly.
 - This includes all equipment used during practice by the entire time
- Restrooms will be sanitized regularly
- Group gatherings are prohibited, benches and tables will be cordoned off

- **Monitoring Protocols**

- Coaches, league managers and board members will monitor compliance of all protocols and posted restrictions regarding infection control, physical distancing and the use of face coverings.
- GNLL will provide clear information about physical distancing, use of face coverings and all other issues on its website and social media outlets.